



(The image top right depicts a cozy indoor Christmas scene. The setting appears to be a living room or family room, softly lit with warm, ambient lighting)

NEWSLETTER NO.5

Seasons greetings to everyone!!!! Christmas is upon us once again.

Here at Essex Sight, we have been so busy with our community work, and have been attending lots of events, we have been travelling around doing pop up sight centres. We've met so many people, some new and some old friends that we haven't seen for a while.

We are organising our exhibitions for 2026, one in Clacton and one in Chelmsford, as always we will let people know the exact dates and venues for these.

Our coffee morning in Colchester at Level Best café continues to thrive with people enjoying a social coffee with peers and friends.

As Colchester library re-opens, we will resume our regular Wednesday sight centre in the new space, our first Wednesday back in the library is Wednesday 3rd December, 10am until 1pm.

We continue to engage with other organisations to make them aware of what we do to ensure that we reach everyone who could make use of our services.

We are also working alongside assistive technology manufacturers to help people enjoy a better quality of life:

Optelec, UK manufacturer of assistive technology covering all sight loss conditions. Optelec offer free home demonstrations with professional consultants on larger products. Electronic magnifiers, reading machines and much more. The aim is for you to gain your confidence and independence back with day to day activities, hobbies and being out and

about. For more information, please call 0800 145 6115 or visit the website www.lowvisionshop.co.uk

Colchester Blind Society, social/support groups at the Kingsland Church have started well and have had between 20-30 participants attending (some with partners, guides or guide-dogs).

The group put forward topics they would like to explore and next year we plan to include some sight loss awareness training for family members as well as activities such as guided walks and pub lunches.

We are hoping that Wali Noori, the inspirational blind marathon runner from Afghanistan will come to our March event – keep an eye on our Facebook page for updates!

Dates for your diary in 2026, we meet on the first Monday of the month @ 1.30pm, all are welcome, please spread the word!

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As it is the end of 2025, we need to say thank you to all of our lovely volunteers who work so hard promoting Essex Sight and engaging visually impaired people. We welcome our new volunteer, Charlotte, in Harwich, and we have also been very lucky to have had Susie covering sight centres in the early part of the year, thank you Susie!!!!

Essex Sight will be closed from midday on Wednesday 24th December and will reopen on Friday 2nd January at 9am.

Wishing everyone a merry christmas and happy new year from all the team at Essex Sight.

Just a reminder of our contact details:-

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